### THE ARCHIVE OF EMOTION

A snapshot of humanity

### BURRIED EMOTIONS



#### "Emotions powerfully, predictably, and pervasively influence decision making."

<u>– Jennifer Lerner, Harvard University</u>

INSPIRED BY THE SUFFERING The struggle of understanding emotion

### IF EMOTIONS WHERE PHYSICAL ENTITIES WHAT WOULD THEY LOOK LIKE?

lonliness

sadness

Anxietu



# The Archive of Emotions

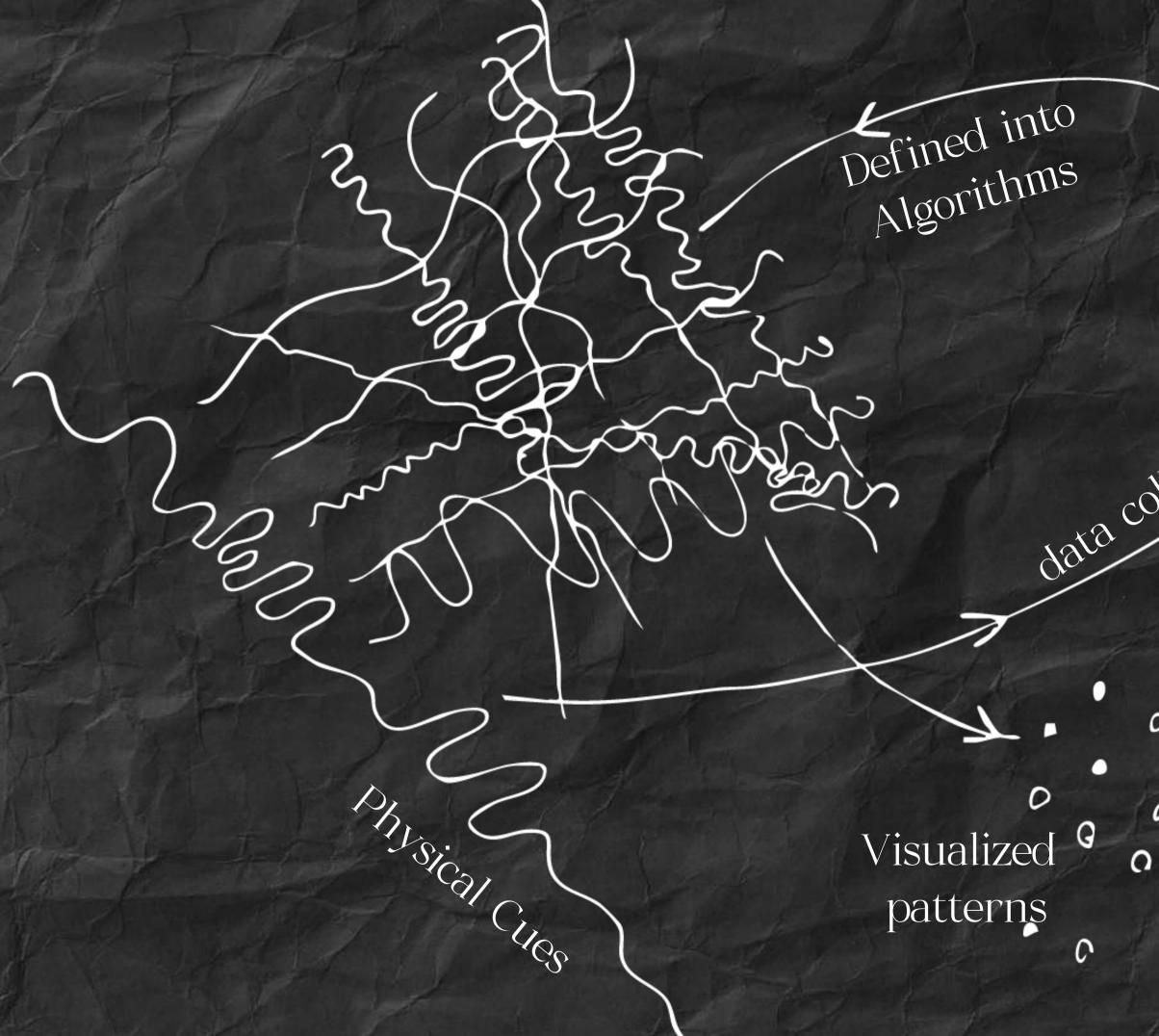




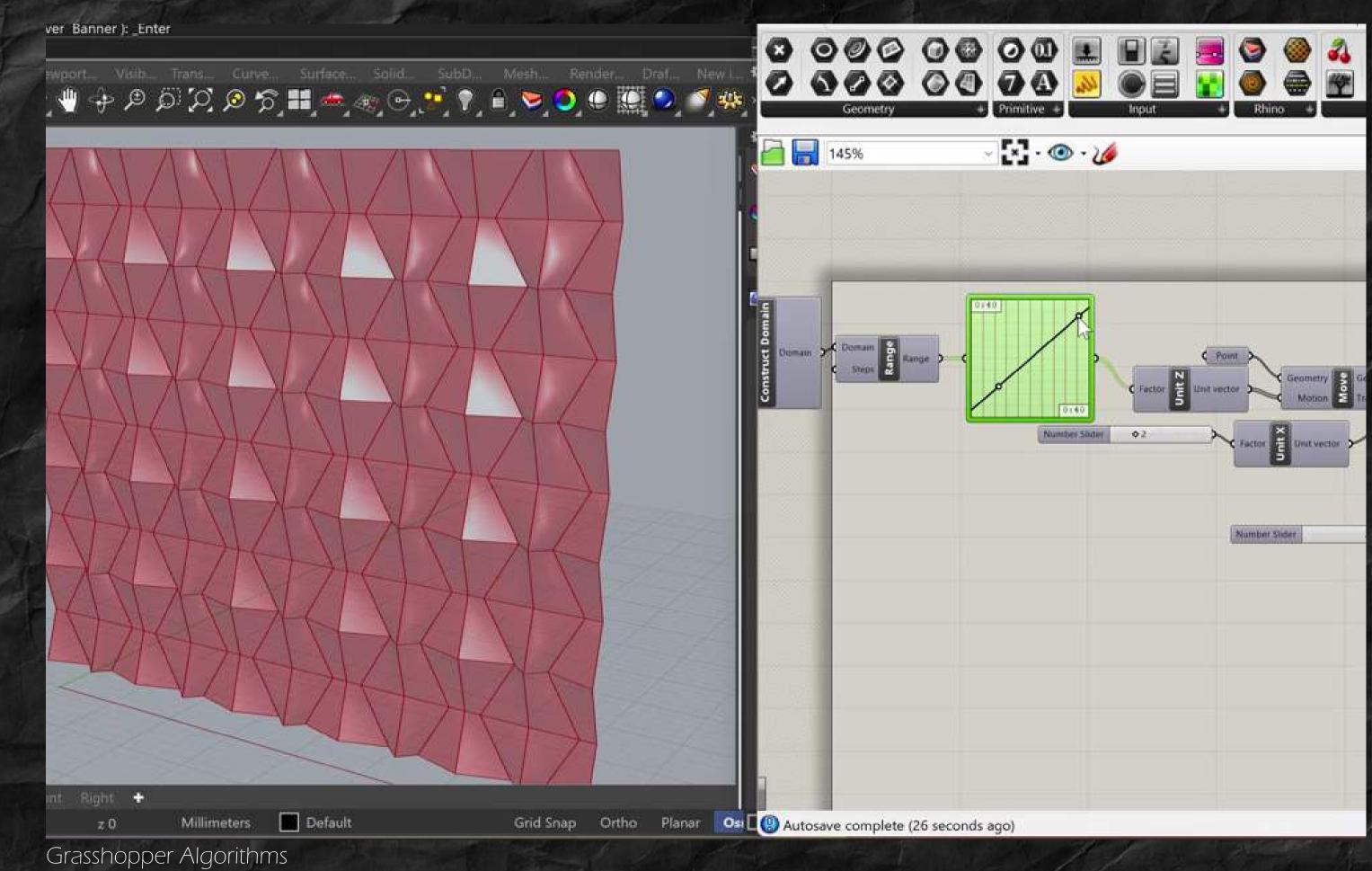
## WEARABLE ART GARMENT THROUGH TEXTILE STORYTELLING

weaving emotions into fabric to showcase the indiviual's unique emotional journey

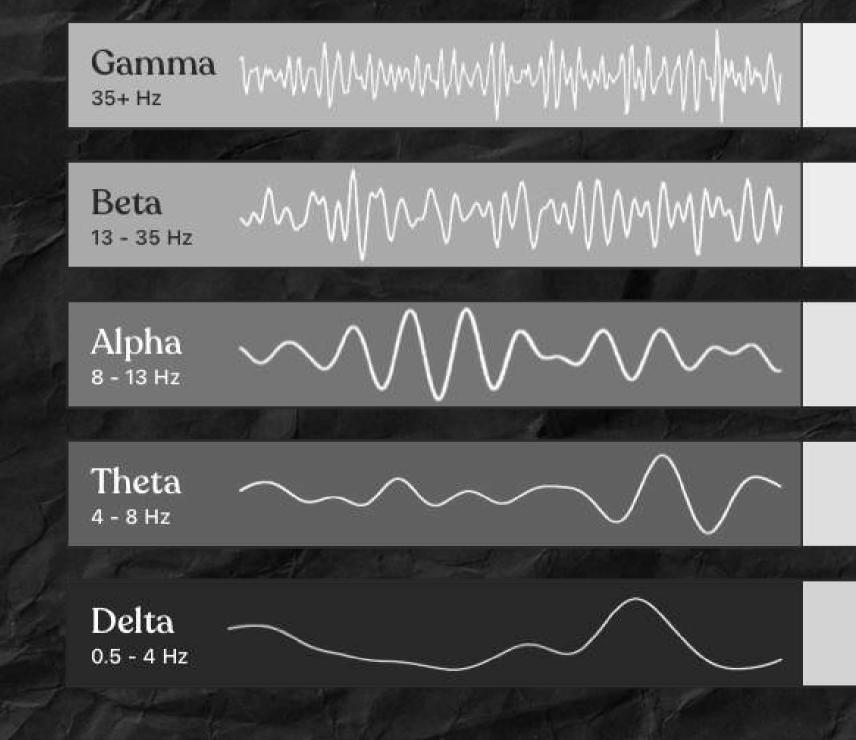




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#### BRAIN WAVES



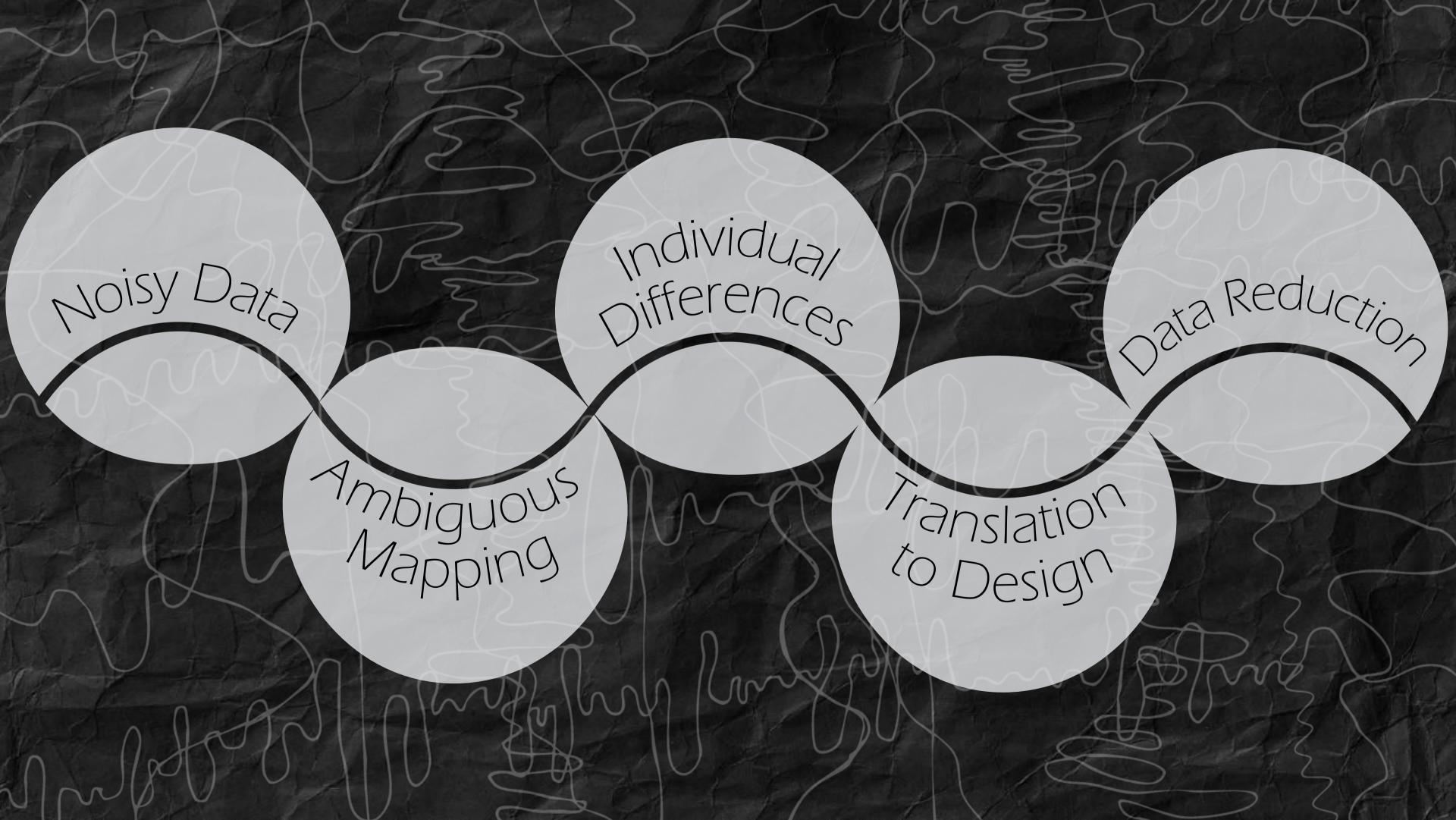
Heightened Awareness

Problem-Solving

**Relaxed Reflection** 

**Meditation & Creativity** 

Deep Sleep

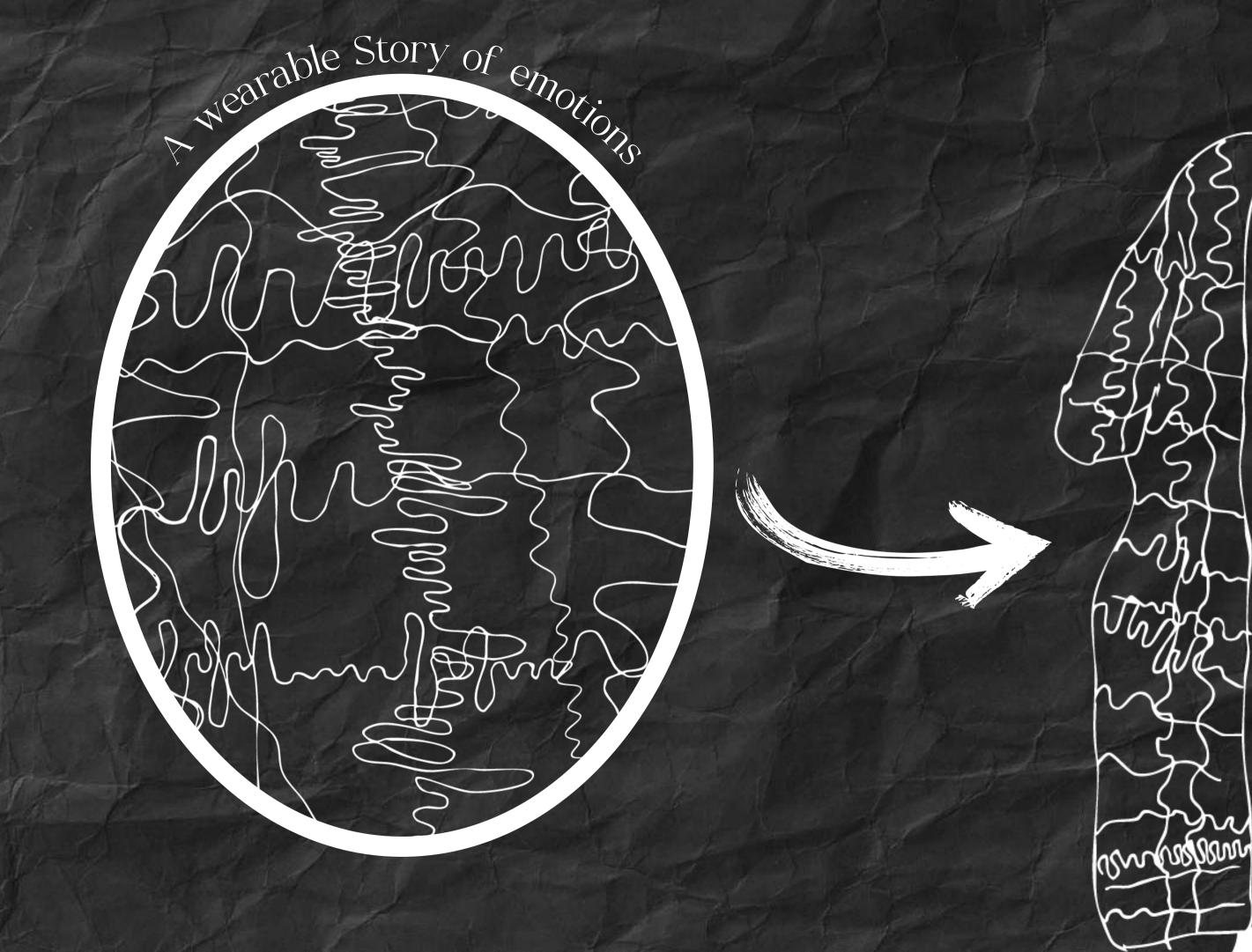


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	34	2	6	365.78
	35	0	5	377.6
	36	2	7	387.31
	37	4	8	396.78
	38	3	7	408.4
	39	1	6	418.44
	40	2	8	428.29
	41	1	7	437.9
	42	4	9	449.34
	43	0	6	460.16
	44	3	8	469.93
1	45	2	9	481.78
	46	1	8	493.59
	47	3	9	503.07
	48	1	9	515.42
	49	4	10	524.96

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### Possible Outcomes





## Representing the emotional baggage

ngun

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anon

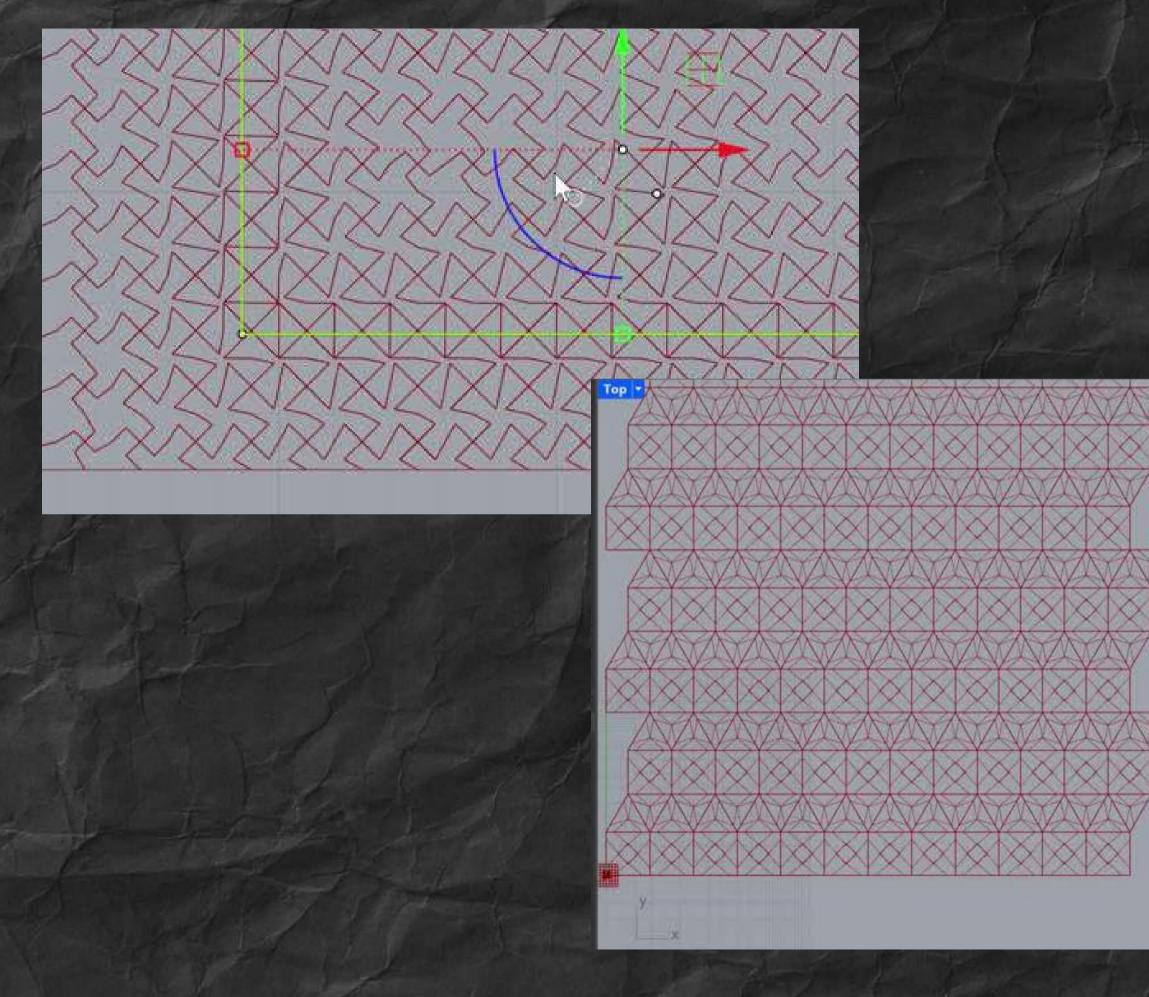
# DEVELOPMENT



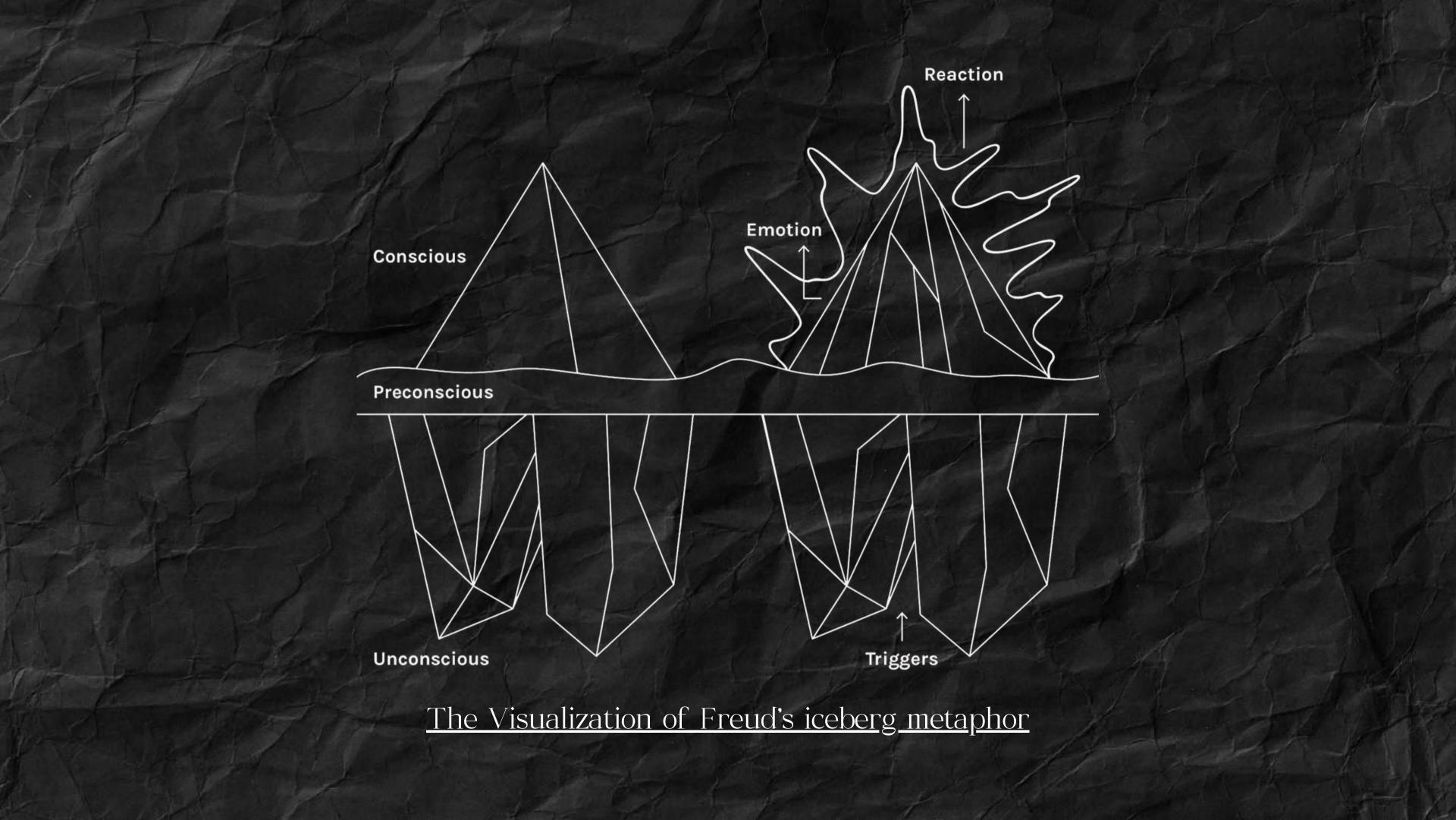


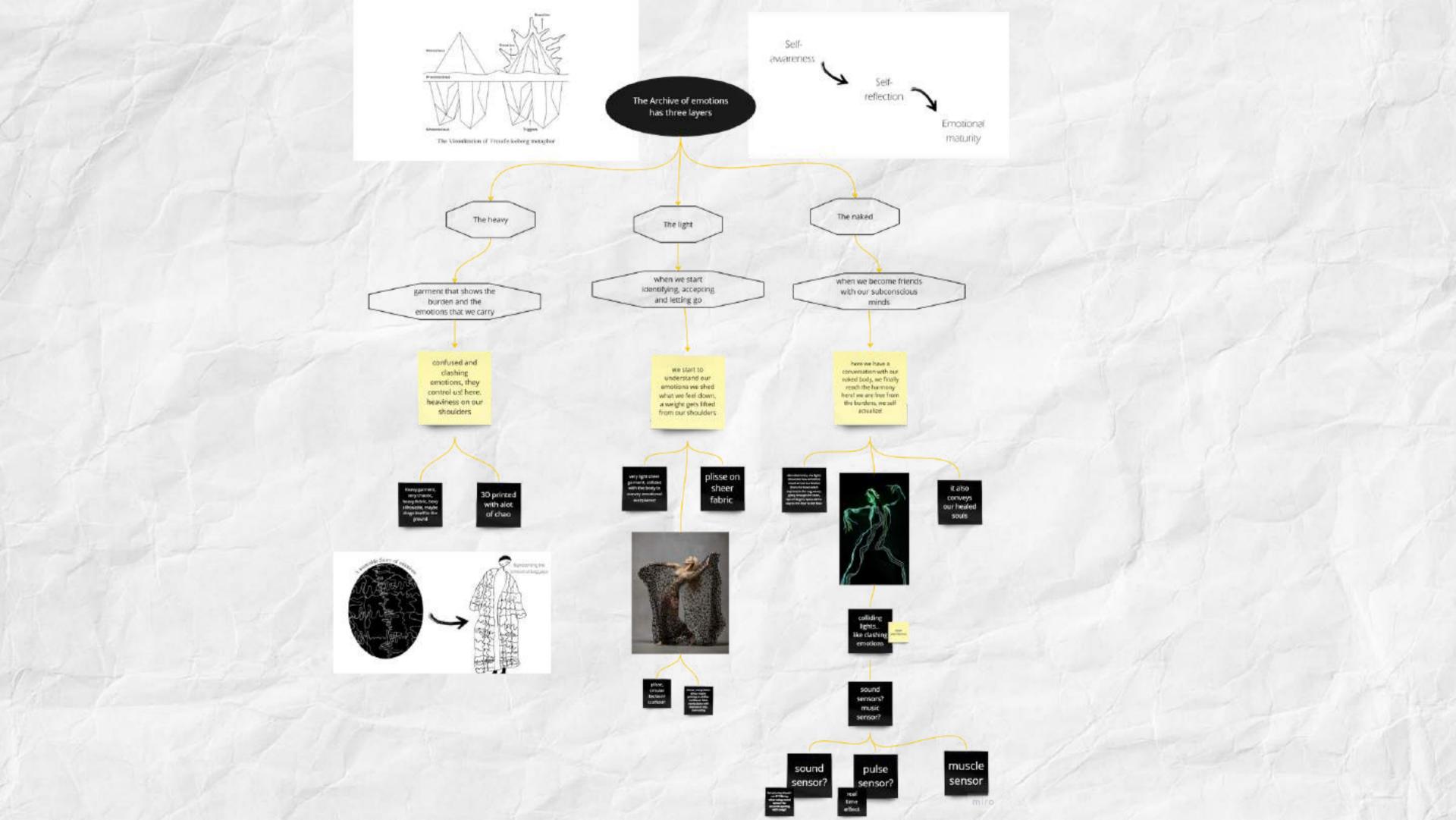






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# Transformational Fashion

a heavy, layered garment that visually embodies the weight of our emotional burdens.



Each manipulated layer represents the heaviness we carry, and as the garment is designed to gradually come undone, it symbolizes the process of shedding these emotions. As the layers fall away, the garment becomes lighter, mirroring the transformative journey of releasing emotional weight and ultimately experiencing freedom and liberation in our bodies and minds.





#### Exhibition or experience



#### IOPT

